



Encuentro de Meditación

La Habana, Cuba
5, 6, 7 y 8 de abril de 2018

Confluencia de Saberes

8th MEETING OF MEDITATION OF HAVANA, CUBA.

**The Confluence of Knowledge in the Awareness and Practice of Meditation for the
Self- achievement and Human Improvement: With All, and for All's Good.**

Havana Cuba.

April 5th, 6th, 7th and 8th, 2018.

The OM Meditation Association announces the 8th. Meditation Meeting to be held in Havana, Cuba, on April 5th, 6th, 7th and 8th, 2018. **A Feast to Share Knowledge and Celebrate life.**

The meeting opens a space where all forms and aspects of meditation are related by the accomplishment of the internal peace of human beings that leads us to social peace; for its self- achievement, its spirituality and the harmonious coexistence with environment and ecosystems. To do this, it focuses on confluence of knowledge's that show the known benefits of meditation in the states of healing, expansion of consciousness and empowerment of creative and productive processes on the path of human improvement: With all, and for the good of all.

Collective Meditations, Master Conferences, Panels, Workshops, Art Exhibitions, Books and Film Productions Presentations, Cultural Shows, Performances, Opening and Closing Galas.

All those interested in meditation, it's knowledge and practice, can attend the Meeting, upon prior accreditation, resident in Cuba or abroad.

It is not necessary to have knowledge or previous practice experience to participate. Nor is it a requirement, for the participation, to present a paper, or any conference.

8th Meditation Meeting of Havana, Cuba, has been structured in three confluence areas and the design of its operation is simultaneous and participatory.

Accreditation grants the right to participate in all the programmed activities and you can choose those you want to attend.

The accreditation is personal and non-transferable.

The areas to converge and share knowledge are:

- Science and Meditation
- Meditation and Creation.
- Meditation Practices: Life's Experiences.

Participants can present their expositions, if they wish, in any of the announced areas in the following topics:

Science and Meditation

1. Meditation, Holistic and Integrative Health.
2. Neuroscience and Meditation.
3. Meditation, Quantum Processes and Complexity.

Meditation and Creation.

1. Meditation, Culture and Civilization.
2. Arts and Meditation.
3. José Martí and Meditation.

Meditation Practices: Life's Experiences.

1. Meditation, Spirituality and Religion.
2. Ancient Civilizations and Meditation
3. Meditation, Yoga and Fraternal Societies.

The Organizing Committee is open, within the conceptual focus of the event, to any other approach that does not appear in our announcement and could be presented to be included in the Program.

The announcement to participate in any of the themes will be open from November 2nd, 2017 until February 18th, 2018.

For those interested in participating and exposing:

Those interested in participating as speakers in any of the topics announced should send a summary of no more than three hundred words including:

- ✓ Title.
- ✓ Author and / or co-authors.
- ✓ Name of the speaker.
- ✓ Objectives.
- ✓ Institution to which it belongs.
- ✓ Email and phone.
- ✓ Technical means necessary for the presentation.

The abstracts should be sent in digital format in Arial 12 with 1.5 line spacing to the event's official electronic mail: cenament@infomed.sld.cu

THE PROCEDURE FOR PARTICIPATION WILL BE AS FOLLOWS:

For residents in Havana, registration to participate in the Meeting can be made from the 12th until March 16th, 2018, from 10:00 am to 6:00 pm at the Cinematographic Cultural Center Acapulco on 26th Avenue between 35 and 37, Nuevo Vedado, Havana. At that moment they must pay their participation fee.

For participants residents abroad and in other provinces of Cuba, prior request and reservation by email cenament@infomed.sld.cu before March 20th, 2018 relating in the request the personal data and the number of the personal identity document. For these people who book on line, the participation fee is paid when receiving credential and program.

For all the participants in the Event credentials and the programs will be delivered from April 3rd to 5th, 2018 from 10:00 am to 6:00 pm at the Cinematographic Cultural Center Acapulco in Avenue 26th between 35 and 37, Nuevo Vedado, Havana.

Participation fees:

- ✓ Cuban participants 150 CUP.
- ✓ Foreign participants 150 CUC.

The participation fee includes the right to participate in all activities of the 8th Program. Meetings. The Opening and Closing Cultural Galas. Credential, Program and Participation Certificate

If you like to obtain information about 8th Meeting of Meditation of Havana, Cuba, may visit our social networks or email us:

 <https://www.facebook.com/om.meditacion.cuba>

 cenament@infomed.sld.cu

La Havana, Cuba day 2 of November of 2018

